

JUMP START YOUR DAY WITH CBISD BREAKFAST



1-A MINI MAPLE PANCAKES OR FROOT LOOPS CEREAL GRAHAM CRACKERS PEAR CUP 100% JUICE VARIETY MILK VARIETY	1-B BLUEBERRY MUFFINS OR APPLE JACKS GRAHAM CRACKERS STRAWBERRY CUP 100% JUICE VARIETY MILK VARIETY	1-C BREAKFAST TACO W/PICANTE OR CHEERIOS CEREAL GRAHAM CRACKERS RED APPLE SLICES 100% JUICE VARIETY MILK VARIETY	1-D BLUEBERRY WAFFLES OR GOLDEN GRAHAM CEREAL GRAHAM CRACKERS BANANA 100% JUICE VARIETY MILK VARIETY	1-E STRAWBERRY POPTARTS OR CHERIOS CEREAL GRAHAM CRACKERS SOUR APPLE APPLESAUCE 100% JUICE VARIETY MILK VARIETY
2-A FRENCH TOAST STICKS W/SYRUP OR FROOT LOOPS CEREAL GRAHAM CRACKERS STRAWBERRY CUP 100% JUICE VARIETY MILK VARIETY	2-b EGGSTRAVANGZA W/TOAST OR APPLE JACK CEREAL GRAHAM CRACKERS PINEAPPLE TIDBITS 100% JUICE VARIETY MILK VARIETY	2-C BREAKFAST PIZZA OR FROSTED FLAKES CEREAL TOAST WHOLE ORANGE 100% JUICE VARIETY MILK VARIETY	2-D FLAPSTICK W/SYRUP OR CINNAMON TOAST CRUNCH CEREAL TOAST PEAR CUP 100% JUICE VARIETY MILK VARIETY	2-E KOLACHE OR LUCKY CHARMS CEREAL GRAHAM CRACKERS PEACH CUP 100% JUICE VARIETY MILK VARIETY
3-A FLAPSTICK W/SYRUP OR FROOT LOOPS CEREAL GRAHAM CRACKERS PEACH CUP 100% JUICE MILK VARIETY	3-B BLUEBERRY MUFFINS OR APPLE JACKS CEREAL TOAST STRAWBERRY CUP 100% JUICE VARIETY MILK VARIETY	3-C SAUSAGE AND EGG BICUIT W/JELLY OR CHEERIOS CEREAL GRAHAM CRACKERS ORANGE SMILEYS 100% JUICE VARIETY MILK VARIETY	3-D CONFETTI PANCAKES W/SYRUP OR GOLDEN GRAHAMS CEREAL GRAHAM CRACKERS BANANA 100% JUICE VARIETY MILK VARIETY	3-E STRAWBERRY YOGURT W/GRANOLA OR CHEERIOS CEREAL GRAHAM CRACKERS MANDARIN ORANGES 100% JUICE VARIETY MILK VARIETY
4-A FRENCH TOAST STICKS W/SYRUP OR FROOT LOOPS CEREAL GRAHAM CRACKERS 100% JUICE VARIETY MILK VARIETY	4-B EGGSTRAVANGZA W/TOAST OR APPLE JACK CEREAL GRAHAM CRACKERS PINEAPPLE TIDBITS 100% JUICE VARIETY MILK VARIETY	4-C CHOCOLATE MUFFIN OR FROSTED FLAKES CEREAL GRAHAM CRACKERS APPLESAUCE CUP 100% JUICE VARIETY MILK VARIETY	4-D KOLACHES OR CINNAMON TOAST CRUNCH CEREAL TOAST PEACH CUP 100% JUICE VARIETY MILK VARIETY	4-E SAUSAGE BISCUIT W/JELLY OR LUCKY CHARMS CEREAL GRAHAM CRACKERS PEAR CUP 100% JUICE VARIETY MILK VARIETY

Check out the CBISD website cbisd.com for nutritional information,

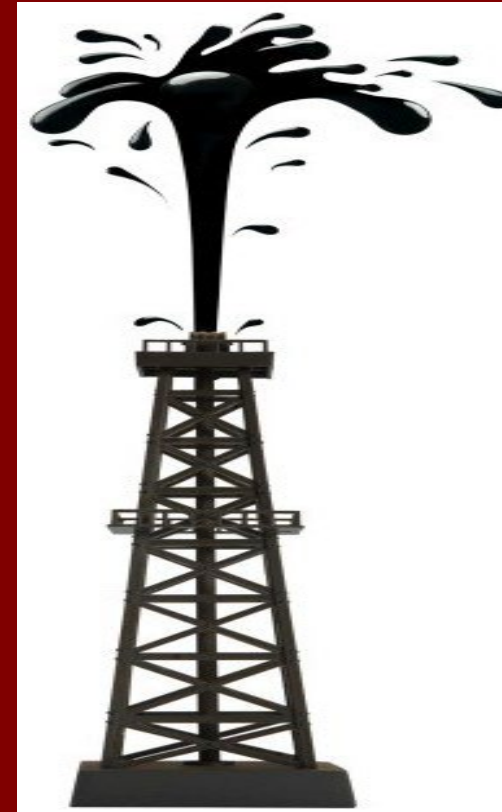
FREE BREAKFAST FOR ALL STUDENTS!!

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MENUS ARE SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY OR PROMOTIONS

WPE

OILERS !!!!



Columbia-Brazoria ISD

2023-2024

K-1 MENU

K-1 LUNCH

LUNCH PRICES
STUDENT LUNCH \$2.95
ADULT LUNCH \$4.50

EAT SMART PLAY HARD

CYCLE 1	CYCLE 1-A	CYCLE 1-B	CYCLE 1-C	CYCLE 1-D	CYCLE 1-E
Aug 16-18 Sept 11-15 Oct 9-13 Nov 6-10 Dec 11-14 Jan 22-26 Feb. 2 Mar 27-31 Apr 24-28 May 22-25	Chicken Tenders W/ Roll OR Cheese Pizza Mashed Potatoes W/Gravy Green Beans Pear Cup Milk	Chicken Tamales OR Pepperoni Pizza Tortilla Mini Round Pinto Beans Shredded Lettuce & Tomato Strawberry Cup Milk	Chili Cheese Dog OR Pizza Garlic Sticks W/ Marinara Cup Corn Nibbler Carrot Tennie W/Ranch Red Apple Slices Milk	Chicken Fried Steak W/ Gravy & Roll OR Pepperoni Pizza Corn Niblets Scalloped Potatoes Banana Milk	Roughneck Cheeseburger OR Cheese Pizza Burger Veggies Oven Fries Sour Apple Applesauce Milk
CYCLE 2	CYCLE 2-A	CYCLE 2-B	CYCLE 2-C	CYCLE 2-D	CYCLE 2-E
Aug 22-26 Sept 19-23 Oct 17-21 Nov 14-18 Jan. 4-6 Jan. 30- Feb.5 Feb 27-Mar.5 April 5-6 May 1-5	Chicken Patty W/Gravy OR Pepperoni Pizza Smiley Potatoes Carrot Coins Strawberry Cup Milk	Beef Tacos OR Garlic Pizza Sticks W/ Marinara Sauce Pinto Beans Shred Lett. W/Ran. Pineapple Tidbits Milk	Beef Burrito Supreme OR Pepperoni Pizza Ranchero Beans Shred Lett & Tomato Orange Smiley Milk	Steak Nuggets W/Gravy & Wheat Bread OR Pepperoni Pizza Mash Potatoes Mixed Vegetables Pear Cup Milk	Frito Pie OR Cheese Pizza Green Beans Carrot Tennie W/ Ranch Chilled Peaches Milk
CYCLE 3	CYCLE 3-A	CYCLE 3-B	CYCLE 3-C	CYCLE 3-D	CYCLE 3-E
Aug.29-Sept 2 Sept 26-30 Oct. 24-28 Nov. 28-Dec.2 Jan 9-13 Feb. 6-10 Mar. 6-10 Apr . 10-14 May 8-12	Chicken Nuggets W/ Roll OR Cheese Pizza Broccoli W/Cheese Sauce Scalloped Potatoes Plain Applesauce Milk	Corn Dogs OR Pepperoni Pizza Baked Beans Tossed Salad W/Ranch Strawberry Cup Milk	Chicken Drumsticks W/ Rolls OR Pepperoni Pizza Smiley Potatoes Green Beans Orange Smiley Milk	Chili Cheese Enchiladas OR Garlic Pizza Sticks W /Mariana Cup Spanish Rice Pinto Bean Fiesta Salad Banana	Fish Sticks OR Cheese Pizza French Fries Cole Slaw Mandarin Oranges Milk
CYCLE 4	CYCLE 4-A	CYCLE 1-B	CYCLE 4-C	CYCLE 4-D	CYCLE 4-E
Sept 6-9 Oct. 3-7 Oct.31-Nov. 4 Dec 3-9 Jan 17-20 Feb 15-17 Mar. 20-24 Apr 17-21 May 15-19	Popcorn Smackers OR Cheese Pizza Whipped Potatoes Carrot Coins Sliced Cucumber Mandarin Oranges Milk	Tangerine Chicken W/ Fortune Cookies OR Pepperoni Pizza Peas & Carrots Corn Niblets Pineapple Tidbits Milk	Beef Spaghetti Breadstick OR Garlic Pizza Sticks W/Marinara Sauce Green Beans Tossed Salad W/Ranch Plain Applesauce	BBQ Sandwich OR Pepperoni Pizza Corn Nibblers Cucumber & Tomato Banana Milk	Nachos OR Cheese Pizza Ranchero Beans Veggie Sticks W/ Ranch Red Delicious Apples Milk

FRUITS-Fuel up with fruits.

VEGETABLES-Color your plate with veggies.

GRAINS-Make at least 1/2 grains WHOLE grains.

PROTEIN-Choose a variety of proteins.

DAIRY-Contains calcium for strong bones.